	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
1	PRESEASON AUg 2023 2023 2023	zust 23	10:00 Coffee Hour- 1MDR 10:30 Adult Coloring -4S & 5S 2:30 Music Listening –5N & 5S 2:30 Smooth Entertainment Dance Party -1 MDR 6:30 EVENING BINGO \$\$	8:30 Dashboard – All Units 9:10 Daily Chronicle & Rm Visits 10:00 Music to listen (2 South). 10:30 Wheelchair Exercise -All 2:30 Gospel Music on 5South 2:30 Hours Racing – 1 MDR 3:30 Magazine Distribution-All FI 4:15 @ Risk Rounds-All Units	10:30 Walmart Trip – Shopping / Bus 10:30 Bible Study w Min. Crowder- 4North Unit 2:30 Kick off Pre-season NFL Tailgate Party. Sliders & Fries	of motion exercise- 5North 10:30 Bedside Chaplin visits - All units.	5 10:00 Daily Chronicle & Rm Visits 10:30 Wheelchair exercise - 4N, 3S, 5N 2:30 Abstract Art design on paper- Art project w Artel – 4North 2:30 Water Mellon social-1DR	
	6 9:00 Daily Chron. & Rm Visit 10:30 Balloon Volleyball- 3N,4S,5N 10:00 Church Service -1MDR 11"30 Mail delivery -All Units 2:30 Sunday Family visits – w Music and refreshments /1MDR 4:00 Music Listen- 80's 3 North.	7 8:30 Dashboard – All Units 9:10 Daily Chronicle & Rm Visits 10:00 Music to listen (5S & 5N). 10:30 Arts & Crafts -4South 2:30 Matinee Movie w popcorn- 5South 2:30 Eve. Bible Study- 1MDR 4:00 Quiet Time Reading - ALL	10:30 Sunshine Club Music listening w Tonya & Kevin-5S. 10:30 Adult Coloring- 2,3N,4N 12:00 Men's Luncheon-1MDR 2:30 Resident Council -	6pm Smoking Patio - Open TBA- Dollar Store Trip 9:10 Daily Chronicle & Rm Visits 10:00 Music to listen (2 South). 10:30 Golden Corral -Largo Trip 10:30 Arts & Crafts – 5N & 5S 2:30 Gospel Music on 5South 2:30 RED HAT SOCIAL –1 MDR 3:30 Magazine Distribution-All FI 4:15 @ Risk Rounds-All Units 6pm Smoking Patio - Open	Browns 9:10 Daily Chronicle &Rm Visit 10:00 Coffee Hour- 1MDR 10:30 Bible Study w Min. Crowder- 4North Unit 2:30 Dean RAP Group with Ms. Jill / 2MPR 2:30 NFL-Tailgate -Pizza & Punch -1 Main Dining Room 7pm Packers vs Bengals -	To all units JERSEY DAY- Your Team 11 9:10 Daily Chronicle &Rm Visits 10:00 Coffee Hour -1MDR 10:30 Did you know -w Pat 2MPR. 2:00 Mail Delivery -All Units 2:30 Ice- Cream Social – 1MDR 7pm NFL-Pre-Season/	6:00 Smoking Patio- Open 12	
	10:00 Church Service -1MDR 11:30 Mail delivery – All Units 1pm NFL- Pre-season -1DR 4pm NFL-Pre-season -1DR 4:15 Quite Time Reading-All 4:15 Room Rounds -All Units	9:15 Daily Chronicle & Rm Visits 10:00 Exercise –3N,4N,5N 10:30 Adult Coloring – 2MPR 2:30 Matinee Movie w popcorn- 4 South w Terrell 2:30 Eve. Bible Study- 1MDR	9:10 Daily Chronicle &Rm Visit 10:00 Memory Tour-Ride -Lobby / Bag Lunch Trip 10:00 Coffee Hour- 1MDR 10:30 Adult Coloring -4S & 5S 2:30 Dean RAP Group-2MPR 2:30 Movie & Popcorn -1MDR 4:15 @ Risk Rounds-All Units 6:30 EVENING BINGO \$\$ 1 st floor Main Dining Room	16 9:10 Daily Chronicle & Rm Visits 10:00 Music to listen (2 South). 10:30 Rio Buffet Mar. Heights 10:30 Balloon Volleyball -3S,4S 2:30 Adult Art-4N & 4S,5N & 5S 2:30 Early Bird BINGO -1MDR 3:30 Magazine Distribution-All FI 6:30 Throwback "Oldies" CONCERT w Bill Crews –1MD	9:10 Daily Chronicle &Rm Visits 10:00 Coffee Hour -1MDR 10:30 Bible Study w Min. Crowder- 4North Unit 2:00 Mail Delivery -All Units 2:30 Card Games -1 Main DR 4:15 @ Risk Rounds-All Units 7pm Giants vs Panthers -Unit	9:10 Daily Chron. &Rm Visits 18 10:00 Coffee Hour -1MDR 10:30 Sunshine Club group in the round. Conversation 1:00 Lions vs. Jaguars -TV 2:00 Mail Delivery -All Units 2:30 Ice- Cream Social –with card games 1 st fl MDR		R
	10:30 Balloon Volleyball- 3N,4S,5N 10:00 Church Service -1MDR 2:00 Outside Air- Patio 2:30 - 1MDR 2:30 Arts & Crafts on 4S 4:00 Music Listen- 80's 3 North.	9:10 Daily Chronicle & Rm Visits 10:00 Music to listen (2 South). 10:30 Balloon Volleyball -3S,4S 2:30 Quiet Time Reading - ALL 2:30 Eve. Bible Study- 1MDR 3:30 Magazine Distribution-All FI	4:15 @ Risk Rounds -All Units 6:30 EVENING BINGO \$\$\$	23 8:30 Dashboard – All Units 9:10 Daily Chronicle & Rm Visits 10:00 Music to listen (2 South). 10:30 Balloon Volleyball -3S,4S 2:30 Quiet Time Reading - ALL 2:30 Hours Racing – 1 MDR 3:30 Magazine Distribution-All FI 4:15 @ Risk Rounds-All Units 6pm Smoking Patio's - Open	9:10 Daily Chronicle &Rm Visits 10:00 Coffee Hour -1MDR 10:30 Bible Study w Min. Crowder- 4North Unit 2:30 Dean RAP Group with	10:00 Coffee Hour -1MDR 10:30 Did you know -Trivia - 2MPR. 2:00 Mail Delivery -All Units 2:30 Ice- Cream Social –with card games. 1 st fl. MDR	9:10 Daily Chron.& Rm Visit 26 2:30pm Senior Kappas – presents – Lunch & Learn / The importance of voting during election time and registering. All welcome- 1MDR 6:00 NFL- Preseason- Commanders vs Bengals/Unit	
	10:30 Balloon Volleyball- 3N,4S,5N 10:00 Church Service -1MDR 2:00 Outside Air- Patio 2:30 Pizza Social - 1MDR 2:30 Arts & Crafts on 4S 4:00 Music Listen- 80's 3 North.	10:00 Exercise –3N,4N,5N 10:30 Poetry Reading & Writing W Pat – 2MPR 2:30 Matinee Movie w popcorn- 1 fl. Main Dining Room 2:30 Eve. Bible Study- 1MDR 4:15 @ Risk Rounds-All Units 6:30 Baby Boomers Canteen- 2MP	10:00 Port of Bladensburg Bag Lunch Trip – 1 st fl. lobby 10:00 Coffee Hour- 1MDR 10:30 Adult Coloring -4S & 5S 2:30 Dean RAP Group-2MPR 2:30 Movie & Popcorn -1MDR 4:15 @ Risk Rounds -All Units 6:30 EVENING BINGO \$\$\$ 1 st floor Main Dining Room	8:30 Dashboard – All Units 9:10 Daily Chronicle & Rm Visits 10:00 Music to listen (2 South). 10:30 Adult Art -3S,4S 2:30 Quit Time Reading – All 2:30 PIN Bowling – 1 MDR 3:30 Magazine Distribution-All FI 4:15 @ Risk Rounds-All Units 6pm Smoking Patio's - Open	10:30 Bible Study w Min. Crowder- 4North Unit 2:00 Mail Delivery -All Units 2:30 Movie & Popcorn & Popcorn -3 South w Mathew 2:30 Billiards (Pool) -2MPR 4:15 @ Risk Rounds - All Units 6pm Smoking Patio's -Open	Deanwood Administrator: Regi Ext. 1513 DC Lomgterm Ombudsman : A Social Serv. Dir. & Grievance C Melissa Brister -Hair Cuts 1 st Community Trips- Call E MAIN CA	Ibert Reed -202-434-2154 officer: Romeo Minter-Ext.1540 and 2 nd Tuesdays -Ext. 1562 oxt. 1562	

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